

## **NEWS RELEASE**

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## **Lunch Hour Book Club at Nacogdoches Public Library**

(Nacogdoches, TX) – The Nacogdoches Public Library offers several unique clubs for book lovers. Club Read: Lunch Hour Book Club meets on alternating Wednesdays at noon. Unlike most book clubs that have the members reading the same book, Club Read members share what they have been reading with the other members. The next meeting is scheduled for November 21st.

In contrast, the Book to Action Book Club members read the same book, but then share ideas for how to make a positive change within our community based on that month's selection.

Books range in topics from environmental concerns, to health, to poverty, and other social issues.

The book selection for December is Blue Zones by Dan Buettner. Copies of the book are available for check out and the group will meet on Saturday, December 8th at 12 pm.

Aficionados of cookbooks can participate in Cookbook Club. The idea behind this book club is to merge the love of cooking with libraries and books. Participants choose a recipe from the selected cookbook and then bring their prepared dish to the library to share with other people who have prepared other recipes from the same book. This is a wonderful way to share a meal with others and try new foods. Voting for the December book selection is currently taking place. Choices are between Superiority Burger Cookbook, The Essential Plant-Based Pantry, and How

to Cook Everything Vegetarian. The cookbook selection will be announced soon so that cookbook club participants can come and choose a recipe. The Cookbook Club will meet December 13th at 6:30 pm.

For more information or to register for a library program, please visit <a href="https://www.ci.nacogdoches.tx.us/library">www.ci.nacogdoches.tx.us/library</a>.