



NEWS RELEASE

**For Immediate Release:**  
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**Día de Muertos: Altar Foods**

(Nacogdoches, TX) – In anticipation of this year’s Día de Muertos Fiesta, librarian Mercedes Franks will lead a workshop on making chicken posole, a traditional Mexican dish. While there are many different foods and traditions associated with Día de Muertos, a common practice is to leave the deceased person’s favorite dish next to the ofrenda (altar) that has been built to remember them. Participants will learn to make a slightly updated version of the chicken posole recipe.

The posole workshop will be held Saturday, October 27th at 12:00 pm at the Nacogdoches Public Library. The workshop is free, but registration is required. Registration may be done in person, by calling 936-559-2970, or online at [www.ci.nacogdoches.tx.us/library](http://www.ci.nacogdoches.tx.us/library).