



NEWS RELEASE

**For Immediate Release:**  
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**NEA Big Read Nacogdoches: Life Pro Skills: Basic Sewing & Mending**

(Nacogdoches, TX) – Like the characters in the book, *Station Eleven*, many people, young or old, have never sewn a button or mended a hem. This fall, the Nacogdoches Public Library has introduced a series of “adulting 101” programs to fill in those gaps in essential life skills that many of us missed learning.

Life Pro: Basic Sewing & Mending will be held on Tuesday, October 16th at 5:30 pm. The program is geared toward individuals ages 13 years and older who want to learn basic sewing techniques. Instructor Dalyce Franks will give students an opportunity to sew a button, mend a seam, and stitch a hem.

The program is free, but registration is required. Registration may be done in person, by calling (936) 559-2970, or online at [www.ci.nacogdoches.tx.us/library](http://www.ci.nacogdoches.tx.us/library).

NEA Big Read Nacogdoches is the month-long community reading program funded through the NEA Big Read grant from the National Endowment for the Arts in conjunction with Arts Midwest and Nacogdoches Friends of the Library. Free copies of the book are still available at the Nacogdoches Public Library.

