



NEWS RELEASE

For Immediate Release:
September 12, 2018

Contact information: Mike Moore
(936) 559-2970

Autism Awareness Workshop at the Nacogdoches Public Library

(Nacogdoches, Texas): Salena Rothenberger, a local expert on health and wellness, is holding a special event, to help individuals and families naturally address symptoms of autism and autism spectrum disorders. The Autism Awareness Workshop will be held on Friday, September 28th at 6:00 pm at the Nacogdoches Public Library. The program is free and no registration is required.

During this free event, Functional Health Practitioner, Salena Rothenberger, D.PSc, CFMP, CHC and founder of The Functional Perspective, LLC, will share the functional medicine approach to autism spectrum disorders while explaining the roles diet, exercise and genetics play in addressing the symptoms.

The Autism Society reported that 1 percent of the world has autism spectrum disorder, and it is estimated that 1 in 36 individuals between 3-17 are diagnosed with developmental disorders in the U.S. “I am driven to share the many holistic techniques and benefits of approaching health functionally has to offer to bring out the best in those affected with autism!” says Salena Rothenberger.

For more information about this or other library programs, please call 559-2970 or visit the website at www.ci.nacogdoches.tx.us/library.