



Get a **flu shot TODAY**
 so you can keep doing what you do! **NEW! Needle free flu shots.**
No appointment needed. Age restrictions may apply.

www.kroger.com



T-Bone Steak
 USDA Select, Beef Loin,
 Super Value Pack

\$3.99
 With Card lb
 Limit 2 with Additional \$10 Purchase



Boneless Pork Loin
 Moist & Tender, Sold Whole in Bag

\$1.99
 With Card lb



Wright Bacon
 24 oz

\$6.99
 With Card

FREE 12 ct Kroger Large Eggs
 (up to \$1.49 value)
 When you buy one 24 oz Wright Bacon with card*
* Items must be purchased in same transaction with card.



Asparagus

\$1.88
 With Card lb



Private Selection Shrimp Ring for Two
 Frozen, 9 oz
Whole Cooked Lobster
 Frozen, 8-12 oz

\$4.99
 With Card



Large Hass Avocados
 Each

\$1.28 for 10
 With Card



Kroger Cheese
 Select Varieties, 6-8 oz
Kroger Singles
 Select Varieties, 16 ct

2\$4
 for With Card



Ruffles Potato Chips
 Select Varieties, 8.5-10 oz
Tostitos Tortilla Chips
 Select Varieties, 9-13 oz

2\$5
 for With Card



Pepsi or 7UP Soft Drinks
 Select Varieties, 12 pk, 12 oz Cans

4\$13
 for With Card



Nature's Own Bread or Sandwich Rounds
 Select Varieties, 12-20 oz

FREE
 Buy One, Get One of Equal or Lesser Value
 Save Up to \$3.39 With Card



Whoppers, Milk Duds or Twizzlers Candy
 Select Varieties, 9-16 oz Bag

2\$4
 for With Card

BIG SAVINGS STOREWIDE



Look for the special yellow tags for participating products!

DEAL DAY

Visit Kroger.com <http://www.kroger.com/cartbuster> through Tuesday, October 25 to download a special offer every day! Plus... Save even more with digital coupons that can be loaded directly to your card!



Pepsi Soft Drinks
 Select Varieties, 2 Liter

5\$5.55
 for With Card



Rice A Roni or Pasta Roni
 Select Varieties, 3.8-10.3 oz

10\$10
 for With Card



Gatorade or G2
 Select Varieties, 8 pk, 20 oz Bottles

\$4.98
 With Card



SoBe Juice, Tea or Lifewater
 Select Varieties, 20 oz

89¢
 With Card



Bounty Paper Towels
 Select Varieties, 6 Big or 8 Regular Rolls
Charmin Bathroom Tissue
 Select Varieties, 12 or 16 Double Rolls

\$6.99
 With Card



Fried, Chipotle, Baked or BBQ Baked Chicken, 8 pc
 Includes: 2 Breasts, 2 Thighs, 2 Wings, 2 Drumsticks

\$4.99
 With Card



DiGiorno Stuffed Crust Pizza, Ultimate or Pizza Plus
 Select Varieties, 19.7-36.8 oz

\$6.88
 With Card



Kroger Deli Style Lunch Meat
 16 oz

2\$7
 for With Card

Thomas' English Muffins or Bagels
 Select Varieties, 6 ct

FREE
 Buy One, Get One of Equal or Lesser Value
 Save Up to \$3.99 With Card

Load EXTRA SAVINGS directly to your card with online coupons.



STEP 1

Log on to Kroger.com/digitalcoupons

STEP 2

Select digital coupons on participating products.

STEP 3

Download directly to your shopper's card.

Additional coupon savings when you download a DIGITAL COUPON from kroger.com/digitalcoupons. Limit one coupon per item per household, with card.

SALE DATE: Wednesday, October 12 thru Tuesday, October 18, 2011

Wed	Thu	Fri	Sat	Sun	Mon	Tue
12	13	14	15	16	17	18

Prices and Items are effective with a KrogerPlus™ Card, at your 3205 University Dr. & 1215 N. Street, Nacogdoches Kroger stores. (Unless Otherwise Indicated). So that all of our customers can take advantage of our outstanding prices, we reserve the right to limit quantities. None sold to dealers, restaurants or other resale establishments. Copyright 2011. KROGER TEXAS L.P. www.kroger.com *Where applicable, additional purchase excludes alcoholic beverages, tobacco products, pharmacy, booth services, fuel or other items excluded by law.

BIG SAVINGS STOREWIDE



Look for the special yellow tags for participating products!



DEAL DAY of the **6**

Visit Kroger.com <<http://www.kroger.com/cartbuster>> through Tuesday, October 25 to download a special offer every day!

Plus... Save even more with digital coupons that can be loaded directly to your card!



ADDITIONAL \$2.00 OFF EIGHT DIGITAL COUPON AVAILABLE*

Progresso Soup

Select Varieties, 18-19 oz

4\$5
for With Card



Pillsbury Grands or Grands Jr Biscuits

Select Varieties, 5 ct
Grands or 10 ct Grands Jr

Pillsbury Cinnamon or Crescent Rolls

Select Varieties, 4-5 ct

10\$10
for With Card



Yoplait Yogurt

Select Varieties, 2-8 ct or 32 oz

2\$4
for With Card



Nature Valley Granola Bars or Fiber One Chewy Bars

Select Varieties, 5-12 ct

General Mills Cereal

Select Varieties, 11.25-18 oz

2\$5
for With Card



Nabisco Snack Crackers

Select Varieties, 5.5-10 oz

\$2.29
With Card



Gain Laundry Detergent

Select Varieties, Liquid, 50-65.6 oz or Powder, 34-45 oz

Tide Laundry Detergent

Select Varieties, Liquid, 24-32 Loads

\$5.99
With Card

BIG SAVINGS STOREWIDE

CART BUSTER SAVINGS EVENT

Look for the special yellow tags for participating products!

SAVE BIG



Gorton's Fish Sticks, Fillets or Portions
 Select Varieties, 6.3-11.4 oz
\$4.49 With Card
 ADDITIONAL 50¢ OFF ONE DIGITAL COUPON AVAILABLE*



Pure Life Water
 Select Varieties, 24 pk, 8 oz Bottles or 24 pk, 16.9 oz Bottles
\$3.99 With Card



Chex Mix, Bugles or Gardetto's Snack Mix
 Select Varieties, 6-8.75 oz
3\$5 for With Card



Hamburger Helper
 Select Varieties, Twin Pack, 11.2-12.8 oz
2\$4 for With Card



Green Giant Valley Fresh Steamers
 Frozen, Select Varieties, 11-12 oz
\$1.88 With Card



Pringles Super Stacks
 Select Varieties, 5.7-6.7 oz
3\$4 for With Card
 ADDITIONAL 100¢ OFF FOUR DIGITAL COUPON AVAILABLE*



Tyson Chicken or Any'tizers
 Frozen, Select Varieties, 20-29 oz Bag
\$6.49 With Card



Betty Crocker Fruit Snacks or General Mills Treats
 Select Varieties, 6-10 ct
2\$4 for With Card
 ADDITIONAL 50¢ OFF TWO DIGITAL COUPON AVAILABLE*



Quaker Instant Oatmeal
 Select Varieties, 10.1-15.1 oz
2\$5 for With Card
 ADDITIONAL 50¢ OFF TWO DIGITAL COUPON AVAILABLE*



Puffs Facial Tissue
 Select Varieties, 3-4 pk, 224-372 ct
\$4.99 With Card
 ADDITIONAL 25¢ OFF ONE DIGITAL COUPON AVAILABLE*



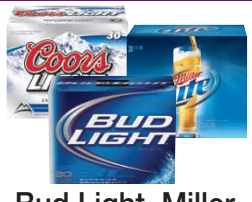
Cascade Dishwasher Detergent
 Select Varieties, 20 ct Action Pacs or 75 oz Gel, Powder
\$4.38 With Card
 ADDITIONAL 25¢ OFF ONE DIGITAL COUPON AVAILABLE*



Downy Bounce Fabric Softener
 Select Varieties, 100-120 ct Sheets or 1.92 oz Bar
\$4.99 With Card
 ADDITIONAL 75¢ OFF ONE DIGITAL COUPON AVAILABLE*

Beverages

Featured Beer and Wine Items May Not Be Available in All Locations



Bud Light, Miller Lite or Coors Light
 Select Varieties, 30 pk, 12 oz Cans
\$20.99



Michelob Ultra, Landshark, Bud Light Lime or Golden Wheat
 Select Varieties, 12 pk, 12 oz Bottles or Cans
\$11.99



Keystone Light, Busch Light, Natural Light or Miller High Life
 Select Varieties, 30 pk, 12 oz Cans
\$17.99



Blackstone Wines
 Select Varieties, 750 ml
\$7.99 -10%
 With 6 Bottle Purchase
\$7.19 With Card
 All items must be purchased in the same transaction with card.



Barefoot Wines
 Select Varieties, 1.5 Liter
\$9.99 -10%
 With 6 Bottle Purchase
\$8.99 With Card
 All items must be purchased in the same transaction with card.



Fetzer Valley Oaks
 Select Varieties, 750 ml
\$11.11 -10%
 With 6 Bottle Purchase
\$4.95 With Card
 All items must be purchased in the same transaction with card.

Savings on Everyday Essentials



Kroger Cereal
 Select Varieties, 11.5-20 oz
3\$5 for With Card



Kroger Cottage Cheese, Sour Cream or Dip
 Select Varieties, 24 oz
\$1.99 With Card



Hungry-Man Entrée
 Select Varieties, 13.1-17 oz
4\$10 for With Card



Ken's Salad Dressing
 Select Varieties, 16 oz
2\$4 for With Card



Private Selection Gelato or Sorbetto
 Select Varieties, 33.8 oz
\$3.99 With Card



New York Garlic Bread or Sister Schubert's Rolls
 Frozen, Select Varieties, 7.8-15.8 oz
\$2.49 With Card



Big K Soft Drinks
 Select Varieties, 24 pk, 12 oz Cans
\$3.99 With Card



Kroger Saltines
 Select Varieties, 15-16 oz
2\$3 for With Card

Deli & Bakery



Private Selection Provolone Cheese
 Select Varieties
\$5.99

Private Selection Ham
 Select Varieties
\$6.99 lb With Card



Bakery Traditional Cookies
 Select Varieties, 30 ct
\$6.99

Bakery Traditional Cookies
 Select Varieties, 24 ct
2\$7 for With Card



Wholesome@Home Soup
 Select Varieties, 22-24 oz
2\$7 for With Card

Wholesome@Home Cranberry Celebration
 Sold by the Pound or 16 oz Package
\$2.99 With Card



Caramel Iced Yellow Cake
 Double Layer, 48 oz
\$5.99 With Card

Wholesome Harvest Sandwich Bread
 Select Varieties, 24-30 oz
\$3.89 With Card



Crocktober!

Purchase a Crockpot \$24.50 & up and receive a **FREE** Coarse Ground Chili Meat (80% lean - up to \$5 value)



DEAL of the DAY

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Plus... Save even more with digital coupons that can be loaded directly to your card!



1137_SHMET



Pepsi Soft Drinks
Select Varieties,
6 pk, 16.9 oz Bottles
2\$5
for With Card



Dunkin' Donuts Coffee
Select Varieties, 11-12 oz
\$7.99
With Card



Betty Crocker Cake Mix
Select Varieties, 15.2-19.5 oz
4\$5
for With Card



Gold Medal Flour
Select Varieties,
5 lb
\$2.38
With Card



Crisco Vegetable Oil
48 oz
\$3.69
With Card



Gorton's Shrimp Temptations
Frozen, Select Varieties, 8-12 oz
\$5.49
With Card



Gala Apples
5 lb Bag
\$3.99
With Card



Pantene Pro-V Shampoo, Conditioner or Styler
Select Varieties, 1.9-12.6 oz
\$3.49
With Card



Oral-B or Crest Glide Floss
Select Varieties,
27-54.7 yd or 75 ct
\$2.49
With Card

Crest 3D White Vivid or Pro-Health Toothpaste
Select Varieties, 4-6.2 oz
\$2.49
With Card



Always or Tampax
Select Varieties, Pads 20-48 ct,
Liners 60-100 ct, Tampons 40 ct
\$5.99
With Card



Pampers Wipes
Select Varieties, 320-360 ct
Pampers Diapers, UnderJams or Easy-Ups Training Pants
Select Varieties, Sizes
Newborn-7, Jumbo 17-50 ct
\$9.49
With Card



Old Spice or Gillette Body Wash
Select Varieties, 16-18 oz
\$2.99
With Card

Savings in Every Aisle

Halloween



Schick Slim Trim or XTreme Disposable Razors
Select Varieties, 4-12 ct
Buy One, Get One of Equal or Lesser Value
FREE
Save Up to \$6.99 With Card



Nature's Bounty or Flex-a-min Vitamins or Supplements
Select Varieties, 30-300 ct or 8-16 oz
Buy One, Get One of Equal or Lesser Value
FREE
Save Up to \$43.99 With Card



Halloween Masks, Makeup, Wigs or Accessories
Select Varieties & Sizes
Halloween Costumes
Select Varieties & Sizes, 1 ct
25% OFF
Regular Retail With Card



Kingsford Charcoal
Select Varieties,
6.3-8.3 lb Bag
\$4.99
With Card



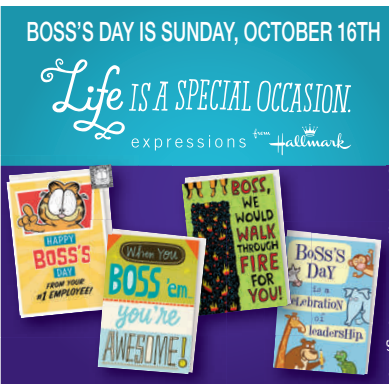
Scotch-Brite Scrub Sponge
Select Varieties,
9 ct
\$5.99
With Card



Hershey's Monster Mix Candy
Select Varieties, 37.3-40.93 oz Bag
\$9.99



Halloween Electronics or Lighting
Select Varieties, 1 ct
25% OFF
Regular Retail With Card



Green Lantern
DVD
Available Friday, October 14th
\$16.99
With Card



Reese's, Kit Kat or Hershey's Candy
Select Varieties, 10.2-11.6 oz Bag
2\$5
for With Card



Kroger Candy Corn
Select Varieties,
10 oz Bag
10\$10
for

Natural Foods

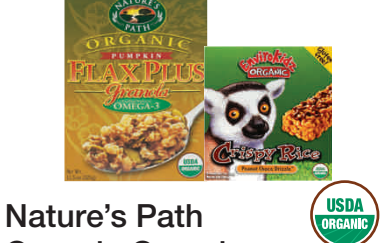
Pharmacy



Muir Glen Organic Soup
Select Varieties, 14-14.9 oz
\$1.99
With Card



Clif, Clif Mojo or Luna Bar
Select Varieties,
1.59-2.4 oz
10\$10
for With Card



Nature's Path Organic Cereal or EnviroKidz Bars
Select Varieties, 10-14 oz or 6 ct
2\$5
for With Card



Amy's Pizza
Select Varieties,
12-14 oz
\$3.99
With Card

Enjoy the **CONVENIENCE** of **Auto Refill**

Sign up for **AUTO REFILL** today and we'll automatically refill your ongoing prescriptions.

—Janine, Pharmacist

“We'll call, email or text you when they're ready.”

See pharmacy for details.

Reloadable Visa® Prepaid Debit Card

EARN \$10 IN FREE GROCERIES* after your first purchase with your Personalized Card!

- Purchase a Temporary Visa® Prepaid Debit Card.
- Register for your Personalized Card.
- Activate your Personalized Card.
- Earn \$10 in free groceries after your first purchase with your Personalized Card.

*Earn points on net spend toward free groceries, excluding purchases made at Kroger Family of Stores Fuel Centers. Rewards Certificates cannot be redeemed at Fuel Centers. Subject to availability. Please see store for in-store spending requirements and program details. The Reloadable Visa® Prepaid Debit Card is issued by U.S. Bank National Association pursuant to a license from VISA U.S.A. Inc. and is not a credit card. Card usage is subject to the terms and conditions of your Cardholder Agreement provided with this card or available online at www.KPPrepaid.com and use of this card constitutes acceptance of those terms. 1-2-3 REWARDS® program available only after the Temporary Card is upgraded to a Personalized Card. Only the Personalized Card can earn Rewards. 1-2-3 REWARDS® are provided by the Kroger Company. Cardholders must activate and complete 1 spend transaction on their Personalized Card between October 1, 2011 and January 31, 2012 to earn the \$10 in Free Groceries reward. Points are loaded 1 time monthly electronically to the Rewards Barcode on the back of your Personalized Card. \$10 coupon is redeemable at the Kroger Family of Stores only. Certain restrictions, limitations, and exclusions apply.

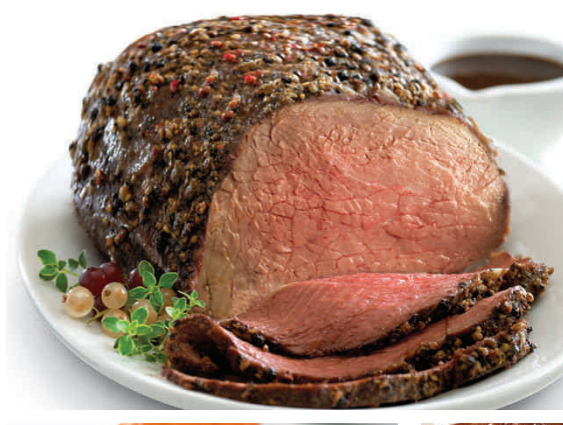
3

SUSTAINABLE SEA FOOD

Enjoy a delicious variety of responsibly sourced wild-caught and farm-raised seafood

Learn more about our sustainability efforts at: www.kroger.com/sustainability

Certified Sustainable!
Wild Alaskan Sockeye Salmon
\$7.99 lb
With Card



Boneless Bottom Round, Eye of Round or Sirloin Tip Roast
USDA Select
\$3.49 lb
With Card



Kroger Value Split Chicken Breast or Wings
Fresh, USDA Inspected
\$1.79 lb
With Card



Private Selection Angus Ground Chuck
Fresh, 80% Lean, Super Value Pack
\$2.99 lb
With Card



Boneless Top Round London Broil
USDA Select, Beef Round
\$3.49 lb
With Card



Kroger Turkey Burgers
Frozen, 85% Lean, 3 lb Bag
\$7.99 With Card



Mahi Mahi Fillets
Previously Frozen
\$4.99 lb
With Card



Johnsonville Smoked Brats or Sausage
13.5-14 oz
2\$6 for With Card



Hillshire Farm Deli Select Lunch Meat
8-9 oz Tub
\$3.49 With Card



Jimmy Dean Breakfast Sausage
12-16 oz Roll
2\$6 for With Card



Kroger or Private Selection Shrimp
Frozen, Cooked or Raw, 16 oz Bag
10% OFF With Card
Shelf Tag Reflects Savings



Bar-S Franks or Bologna
Select Varieties, 16 oz
4\$5 for With Card



Bob Evans Oven Baked Sides
20 oz
\$3.99 With Card



Burton or Blue Ribbon Smoked Sausage
Select Varieties, 12-14 oz
2\$5 for With Card



Jumbo White Gulf Shrimp
Frozen, Raw 26-30 ct
\$6.99 lb
With Card

Produce



Red Seedless Grapes
Scarlotta Variety
\$1.49 lb
With Card



Driscoll's Strawberries or Raspberries
6-16 oz
2\$5 for With Card



King Rustic Potatoes
5 lb Bag
2\$5 for With Card



Broccoli Crowns
10.5 oz
4\$5 lbs for With Card



Honeycrisp Apples
\$1.99 lb
With Card



Shelled Almonds
16 oz
\$3.99 With Card



Medium Pumpkins
Each
\$3.88 With Card



Mini Pumpkins or Gourds
7-10 ct
\$4.99 With Card



Park Meadow Sunflower Bouquet
15 Stem
\$9.99 With Card



Tri-Color Kalanchoe
6 Inch Pot
\$10.99 With Card



Private Selection Organic Salad Blends
Select Varieties, 5-9 oz
\$2.88 With Card



Organic Gala Apples
\$1.69 lb
With Card



"I love peanut butter cups."

Fall Time Favorites

Selection May Vary By Store. Limited To Stock On Hand.



Harvest Scarecrow
60 Inch

\$6⁹⁹
With Card



Pumpkin Carving Kit
1 ct

\$3⁹⁹
With Card



Langley Fall Harvest Candle
Select Varieties, 18 oz Jar

2\$⁷
for With Card



Harvest Décor
Select Varieties & Sizes

25% OFF

Regular Retail With Card



Halloween Costumes
Select Varieties & Sizes, 1 ct

25% OFF

Regular Retail With Card



Halloween Décor or Novelty
Select Varieties & Sizes

25% OFF

Regular Retail With Card



Reese's, Kit Kat or Hershey's Snack Size Candy
Select Varieties, 16.3-31 oz Bag

2\$⁹
for With Card



Snickers, Milky Way or 3 Musketeers Candy
Select Varieties, 9.94-11.5 oz Bag

2\$⁵
for With Card



Butterfinger, Baby Ruth or Nestlé Crunch Candy
Select Varieties, 9.2-12.5 oz Bag

2\$⁵
for With Card



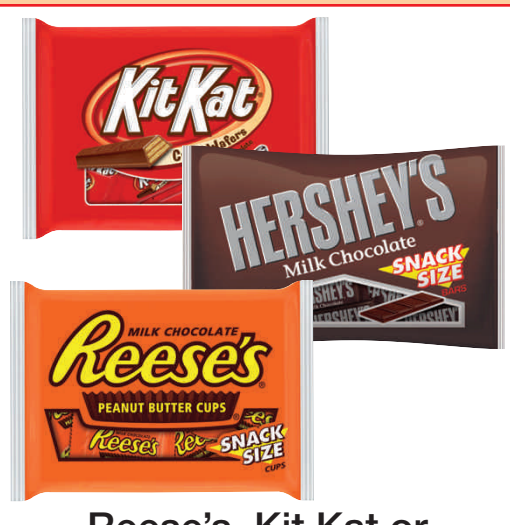
Kroger Candy Corn
Select Varieties, 10 oz Bag

10\$¹⁰
for



Snickers, Twix or M&M's Candy
Select Varieties, 17.9-22.55 oz Bag

\$4⁹⁹
With Card



Reese's, Kit Kat or Hershey's Candy
Select Varieties, 10.2-11.6 oz Bag

2\$⁵
for With Card