



Get a **flu shot TODAY**  
 so you can keep doing what you do! **NEW! Needle free flu shots.**  
*No appointment needed. Age restrictions may apply.*

www.kroger.com

**Strip Steaks**  
 USDA Select, Bone-In, Beef Loin, Super Value Pack

**\$3.99** lb  
 With Card  
 Limit 2 With Additional \$10 Purchase

**Ground Round**  
 Fresh, 85% Lean

**\$2.99** lb  
 With Card

Kroger Fully Cooked Ribs 24 ct \$8.99

**Pork Baby Back Ribs**  
 Moist & Tender

**\$2.99** lb  
 With Card  
 Limit 2 With Additional \$10 Purchase

First of the SEASON

**Honeycrisp Apples**

**\$1.87** lb  
 With Card

**Snow Crab Legs**  
 Frozen, 5-8 ct Clusters, Wild Caught

**Atlantic Salmon Fillets**  
 Fresh, Farm Raised

**\$6.99** lb  
 With Card

**Red Baron Pizza**  
 Select Varieties, 5.7-22.6 oz

**3\$10** for With Card

**Large Hass Avocados**  
 Each

**4\$5** for With Card

**Blue Bell Ice Cream or Frozen Yogurt**  
 Select Varieties, 64 oz or 12 ct Cups

**\$4.29** With Card

**7UP Soft Drinks**  
 Select Varieties, 12 pk, 12 oz Cans

Buy 4, SAVE \$1.00  
**FINAL COST \$4.12** for With Card

When You Buy 4  
 All items must be purchased in the same transaction. Limit 1 reward per transaction. Price for other quantities is 4/\$13 with card.

**Kroger Water**  
 24 pk, 16.9 oz Bottles

**\$2.99** With Card

**Mrs. Baird's Country Bread**  
 Select Varieties, 24 oz

**Mrs. Baird's Thins**  
 Select Varieties, 12 oz

Buy One, Get One of Equal or Lesser Value  
**FREE**  
 Save Up to \$3.19 With Card

GIVING HOPE a hand

The Kroger Family of Stores & participating manufacturers are proud to donate **\$3 million** in support of Breast Cancer Awareness.

Look for the special pink tags to support the brands that support Breast Cancer Awareness.

Look for inspirational stories by visiting [www.sharingcourage.com](http://www.sharingcourage.com)

**Pepsi Soft Drinks**  
 Select Varieties, 24 pk, 12 oz Cans

Buy 2, SAVE \$2.00  
**FINAL COST \$5.99** With Card

When You Buy 2  
 in the same transaction. Limit 1 reward per transaction. Additional quantities priced at \$6.99.

**Lean Cuisine Café or Casual Entrée**  
 Select Varieties, 6-10.8 oz

**\$2.68** With Card

**Lay's Kettle Cooked Potato Chips**  
 Select Varieties, 8.5 oz

**\$2.99** With Card

**SunChips**  
 Select Varieties, 10.5 oz

**\$2.99** With Card

**Club Crackers**  
 Select Varieties, 11-16 oz

**Town House Crackers or Flatbread Crisps**  
 Select Varieties, 9.5-16 oz

**\$2.49** With Card

**Kraft or Sargento Cheese**  
 Select Varieties, 5-8 oz

**2\$5** for With Card

**Gatorade or G2**  
 Select Varieties, 32 oz

**88¢** With Card

**Propel Fitness Water**  
 Select Varieties, 24 oz

**Kellogg's Cereal**  
 Select Varieties, 11.5-19.5 oz

**\$2.69** With Card

**Fiber Plus or Special K Bars**  
 Select Varieties, 5-10 ct

**Pringles**  
 Select Varieties, 5.7-6.7 oz

**2\$3** for With Card

**Keebler Fudge Stripes**  
 Original

**\$1.99** With Card

**Keebler Coconut Dreams**

**Keebler Shoppe Cookies**  
 Select Varieties, 6.6-15 oz

**\$1.99** With Card

**Kroger supports the Houston Susan G. Komen Race for the Cure®**

Register for the race or donate to fight breast cancer at [www.komen-houston.org](http://www.komen-houston.org)

**Sam Houston Park Downtown • Saturday, October 1**

Register at Galleria near Nordstrom 9/28-9/30

**Kroger cares About Women**

**susan g. komen for the cure HOUSTON**

**SALE DATE: Wednesday, September 28 thru Tuesday, October 4, 2011**

Wed	Thu	Fri	Sat	Sun	Mon	Tue
28	29	30	1	2	3	4

Prices and Items are effective with a KrogerPlus™ Card, at your 3205 University Dr. & 1215 N. Street, Nacogdoches Kroger stores. (Unless Otherwise Indicated). So that all of our customers can take advantage of our outstanding prices, we reserve the right to limit quantities. None sold to dealers, restaurants or other resale establishments. Copyright 2011, KROGER TEXAS L.P. www.kroger.com. Where applicable, additional purchase excludes alcoholic beverages, tobacco products, pharmacy, booth services, fuel or other items excluded by law.

# Dairy Sale



**Kroger Large Eggs**  
Grade A,  
12 ct

**4\$5**  
for With Card



**Yoplait Yogurt**  
Select Varieties,  
4-6 oz

**10\$6**  
for With Card



**Kroger Cottage Cheese, Sour Cream or Dip**  
Select Varieties, 16 oz

**4\$5**  
for With Card



**Kroger Cheese**  
Select Varieties,  
Bar or Shredded, 32 oz

**\$5.99**  
With Card



**Kroger Butter**  
Select Varieties,  
16 oz

**\$2.88**  
With Card



**Kroger Singles**  
Select Varieties,  
16 ct

**\$1.88**  
With Card



**Kroger Chocolate Milk**  
Half Gallon

**4\$5**  
for With Card

GIVING HOPE  
a hand

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**\$3 million** in support of Breast Cancer Awareness.

Look for inspirational stories by visiting [www.sharingcourage.com](http://www.sharingcourage.com)



**Dannon Yogurt**  
Select Varieties,  
4-6 ct or 24-32 oz  
**\$1.99**  
With Card



**Betty Crocker Cookie Mix**  
Select Varieties, 17.5 oz Pouch  
**Betty Crocker Brownie Mix**  
Select Varieties, 15.3-19.5 oz  
**2\$4**  
for With Card



**Ben & Jerry's or Starbucks Ice Cream**  
Select Varieties, 16 oz  
**Klondike Frozen Treats**  
Select Varieties, 4-12 ct  
**\$2.99**  
With Card



**Pillsbury Toaster Strudel, Scrambles or Biscuit Sandwiches**  
Select Varieties, 7, 4-11.5 oz  
**\$1.98**  
With Card



**Quaker Oatmeal**  
Select Varieties,  
18 oz  
**\$1.88**  
With Card



**Trop50 Juice**  
Select Varieties, 59 oz  
**Dole Juice**  
Select Varieties, 59-64 oz  
**\$2.69**  
With Card



**Purina Cat Chow**  
Select Varieties, 16 lb Bag  
**Purina Dog Chow**  
Select Varieties, 17.6-20 lb Bag  
**\$11.77**  
With Card



**Kroger Tall Kitchen Bags**  
50 ct  
**\$5.69**  
With Card



**Ziploc Freezer or Storage Bags**  
Select Varieties, 8-25 ct  
**\$2.99**  
With Card



**Shout Stain Remover**  
Select Varieties, 14-22 oz  
**Windex or Scrubbing Bubbles Bathroom Cleaner**  
Select Varieties, 22-26 oz  
**\$2.99**  
With Card



**Cottonelle Bathroom Tissue**  
Select Varieties, 12 Double Rolls  
**Viva Paper Towels**  
6 Rolls  
**\$6.99**  
With Card



**all Laundry Detergent**  
Select Varieties, Liquid, 28-32 Loads  
**Snuggle Fabric Softener**  
Select Varieties, Liquid 32 oz or 70-80 ct Sheets  
**\$3.99**  
With Card



**Stacy's Pita Chips**  
18 oz  
**\$4.99**  
With Card



**Crest White Vivid or Pro-Health Toothpaste**  
Select Varieties, 4.1-6 oz  
**Scope Mouthwash**  
Select Varieties, 1 Liter or 710-750 ml  
**\$2.99**  
With Card



**Softsoap**  
Select Varieties, 4 Bars  
**Softsoap or Irish Spring Body Wash**  
Select Varieties, 15-18 oz  
**\$3.00**  
With Card



**Special K Protein Shakes**  
Select Varieties, 4 pk, 10 oz Bottles  
**Special K Protein Meal Bars**  
Select Varieties, 6 ct  
**\$5.50**  
With Card

**Savings in Every Aisle**



**Halloween Costumes**  
Select Varieties & Sizes,  
1 ct  
**25% OFF**  
Regular Retail With Card



**Whoppers, Milk Duds or Twizzlers Candy**  
Select Varieties, 9-16 oz  
**Snickers, Milky Way or 3 Musketeers Candy**  
Select Varieties, 9.94-11.5 oz  
**2\$4**  
for With Card



**M&M's Candy**  
Select Varieties,  
9.9-12.6 oz  
**\$2.79**  
With Card



**Butterfinger, Baby Ruth or 100 Grand Candy**  
Select Varieties, 8 ct  
**10\$10**  
for With Card



**Gerber Graduates Snacks**  
Select Varieties,  
8 ct or 1-6 oz  
**\$2.25**  
With Card



**Huggies Diapers or Pull-Ups Training Pants**  
Select Varieties, Sizes 1-6,  
Big Pack 26-100 ct Box  
**\$19.49**  
With Card

**save \$5 instantly** when you buy the **TRANSFORMERS DVD or Blu-ray™** and ONE (1) pack of **Energizer® MAX®** batteries AA-8 or AAA-8

**\$16.99 DVD**  
**\$23.99 Blu-ray™**  
Offer Valid With Card  
9/30/11 - 10/8/11

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now that's positivenergy™

(See Energizer® Brand battery pack display for coupon and details)

**Deli & Bakery**



**Private Selection Turkey Breast**  
Select Varieties  
**\$5.49**  
With Card

**Dinner for 4 for under \$13**

Buy One Wholesome@Home Meat Pizza **\$8.54\***  
Get One 12 ct pkg Deli Wings plus two 1.25 ltr Coca-Cola Soft Drinks for an additional **\$4.00**

**\$12.54**

Products must be purchased in a single transaction with shopper's card. Available while supplies last. \*Price on cheese pizza slightly less.



**Chocolate Truffle Wave Cake**  
or Raspberry White,  
10 oz  
**\$3.99**  
With Card



**Fried, Chipotle, Baked or BBQ Baked Chicken, 8 pc**  
Includes: 2 Breasts, 2 Thighs, 2 Wings, 2 Drumsticks  
**\$5.99**  
With Card



**Sabra Hummus**  
Select Varieties,  
10 oz  
**\$3.99**  
With Card



**Italian Bread**  
In-Store Baked,  
16-18 oz  
**\$1.81**



**Bakery Fresh Muffins**  
Select Varieties,  
4 ct  
**2\$5**  
for With Card

**Deli Pizzas and Wings! Come by for a Sample!**

Saturday, October 1st and Sunday, October 2nd



# Buy a 70th Anniversary USO REUSABLE BAG

Proceeds from the sale of each bag support military troops and their families.



**Chicken of the Sea  
Chunk Light Tuna**  
Select Varieties,  
5 oz

**75¢**  
With Card



**Cheetos**  
Select Varieties, 9-9.75 oz  
**Fritos**  
Select Varieties, 10.5 oz  
**Frito Lay Dip**  
Select Varieties, 9 oz

**\$1.99**  
With Card

**Big K  
Soft Drinks**  
Select Varieties,  
24 pk, 12 oz Cans

**\$3.99**  
With Card



**Ocean Spray  
100% Juice**  
Select Varieties,  
4 ct or 64 oz

**\$2.99**  
With Card



**Pepsi  
Soft Drinks**  
Select Varieties,  
6 pk, 16.9 oz Bottles

**4\$10**  
for With Card



**Hunt's  
Tomatoes**  
Select Varieties,  
14.5-15 oz

**94¢**  
With Card



**Bush's Best  
Beans**  
Select Varieties, 15-16 oz  
**Zatarain's Rice Mix  
or Pasta Dinner**  
Select Varieties, 5.2-8 oz

**99¢**  
With Card



**Kroger  
Potatoes**  
Frozen,  
Select Varieties, 14-32 oz

**3\$5**  
for With Card



**Michelina's  
Entrée**  
Select Varieties,  
4-9.5 oz

**88¢**  
With Card



**Breyer's  
Ice Cream**  
Select Varieties,  
48 oz

**\$3.99**  
With Card



**Kroger Garlic  
Toast, Bread  
Sticks or Bread**  
Frozen,  
Select Varieties, 10.5-16 oz

**3\$5**  
for With Card

## Beverages

**Robert Mondavi  
Private Selection  
Wines**  
Select Varieties,  
750 ml

**\$8.99**  
-10%  
With 6 Bottle Purchase  
**\$8.09**  
With Card

**Riunite  
Lambrusco**  
Select Varieties,  
750 ml

**\$2.11**  
-10%  
With 6 Bottle Purchase  
**\$1.89**  
With Card

**Bella Sera  
Pinot Grigio**  
Select Varieties,  
1.5 Liter

**\$8.99**  
-10%  
With 6 Bottle Purchase  
**\$8.09**  
With Card

**Bud Light,  
Miller Lite or  
Coors Light**  
Select Varieties, 30 pk, 12 oz Cans

**\$20.99**

**New Belgium,  
Red Stripe or  
Landshark**  
Select Varieties, 12 pk, 12 oz Bottles

**\$12.99**

**Mike's Hard Lemonade, Smirnoff  
Ice or Jeremiah Weed Tea**  
Select Varieties,  
6 pk, 11.2-12 oz Bottles

**\$7.49**

## Early Christmas Specials

Limited to Stock on Hand. Selection may Vary by Store.



**Jacquard  
Print Scarf**  
Select Varieties,  
1 ct

**\$6.99**



**Mr. Coffee  
Single Serve  
Brewing System**  
Select Varieties,  
1 ct

**\$79.99**



**Candle-lite  
Candle**  
Select Varieties,  
18 oz Jar

**2\$7**  
for With Card



**Everyday Living  
Throw**  
Select Varieties,  
50x60 Inch

**\$6.99**  
With Card



**Counter Top  
Kettle Popcorn  
Maker**  
1 ct

**\$49.99**  
With Card

## Natural Foods



**Cascadian Farm  
Organic Cereal  
or Granola Bars**  
Select Varieties,  
8.5-17 oz or 5-6 ct

**\$2.73**  
With Card



**Horizon  
Organic Milk**  
Select Varieties,  
Half Gallon

**\$3.49**  
With Card



**Popchips**  
Select Varieties,  
3 oz

**2\$4**  
for With Card



**PowerBar**  
Select Varieties,  
1.58-2.3 oz

**10\$10**  
for With Card

## Pharmacy

Get a **flu shot** TODAY

so you can KEEP DOING what you do!  
**NEW! Needle free flu shots.**



Over 65?  
Ask about a  
pneumonia  
vaccination.

No appointment needed. Age restrictions apply.  
Ask your pharmacist about our complete line of vaccinations.

Click & Earn **FREE STUFF** For Your School!

Earn **250** Bonus Points  
Labels for Education®  
BONUS POINTS

when you sign up for e-Labels for Education.®

Visit eLabelsRally.com to sign up and learn more about special offers.

\*Offer valid thru 10/16/2011. For more information, eligibility, and for a list of participating products, visit LabelsForEducation.com or call 1-800-424-5331. Void where taxed, restricted or prohibited by law. Labels for Education points can be redeemed by eligible schools via proper Labels for Education procedures. Labels For Education is a registered service mark of CSC Brands LP.

NOW Over 2,500 participating products!



eLabelsRally.com

# Low Prices on Meat



**Boneless Sirloin Tip Roast or Steaks**  
 USDA Select, Beef Round, Super Value Pack  
**\$2.99** lb  
 With Card



**Kroger Value Boneless Skinless Chicken Breasts or Tenders**  
 Fresh, USDA Inspected  
**\$2.79** lb  
 With Card



**Boneless Pork Sirloin Chops**  
 Moist & Tender, Super Value Pack  
**\$2.49** lb  
 With Card



**Shish Kabobs**  
 Fresh, In-Store Made, Beef, Chicken or Pork, With Vegetables  
**2\$7** for With Card



**Oscar Mayer Bologna**  
 12 oz (Excludes Beef)  
**10\$10** for With Card



**Hillshire Farm Smoked Sausage**  
 Select Varieties, 13.5-16 oz Rope or Links  
**3\$10** for With Card



**Hormel Natural Choice Lunch Meat or Fully Cooked Bacon**  
 2.52-9 oz  
**2\$6** for With Card



**Oscar Mayer Bacon**  
 Select Varieties, 12-16 oz  
**\$4.99** With Card



**Kroger Breakfast Sausage**  
 16 oz Roll, 12 oz Links or Patties, or 8-9 oz Fully Cooked Links or Patties  
**\$2.99** With Card



**Kroger Meals Made Simple Entrées or Lloyd's Shredded BBQ**  
 15-18 oz  
**\$3.99** With Card



**Seafood**  
**Gorton's Grilled Shrimp or Shrimp Temptations**  
 Frozen, 8-12 oz  
**\$5.49** With Card



**Tilapia or Steelhead Fillets**  
 Fresh, Farm Raised  
**\$5.99** lb  
 With Card



**Whole Cooked Lobster**  
 Frozen, Wild Caught, 4-12 oz  
**\$5.99** lb  
 With Card



**Private Selection Smoked Salmon Portions**  
 Select Varieties, 9.7 oz  
**\$5.99** With Card

## Produce



**Roma Tomatoes**  
**\$1.28** lb  
 With Card



**Tri-Color Seedless Grapes**  
 2 lb Clamshell  
**\$3.99** lb  
 With Card



**Odwalla Superfood Drinks**  
 Select Varieties, 12 oz  
**FREE** With Card

**Driscoll's Raspberries**  
 6 oz  
**2\$4** for With Card



**Candy or Caramel Apples**  
 Each  
**10\$10** for With Card



**Kiwi**  
 Each  
**4\$1** for With Card

**Pomegranates**  
 Each  
**2\$3** for With Card



**Fresh Selections White Mushrooms**  
 Whole or Sliced, 16 oz  
**2\$6** for With Card



**Fresh Selections Cole Slaw**  
 16 oz  
**4\$5** for With Card



**Fresh Selections Mini Peeled Carrots**  
 16 oz  
**2\$3** for With Card

**Fresh Selections or Dole Salad Blends**  
 Select Varieties, 5-12 oz  
**2\$5** for With Card

**Asparagus**  
 lbs for With Card  
**2\$5**



**Floral**  
**Pink Rose Duet**  
 5 Inch Pot  
**\$7.99** each



**Endless Rose Bouquet**  
 10 Stem  
**\$7.99** each

**Fall Mums**  
 6 Inch Pot  
**\$8.99** With Card



**Organic**  
**Organic Gala Apples**  
 lbs for With Card  
**2\$3**



**Organic Red or White Seedless Grapes**  
 With Card  
**\$1.99** lb

# Early Christmas Specials

Limited to Stock on Hand. Selection may Vary by Store.



**Baker's Secret Bakeware**  
Select Varieties, 1 ct

**\$4<sup>97</sup>**  
With Card



**Mr. Coffee Single Serve Brewing System**  
Select Varieties, 1 ct

**\$79<sup>99</sup>**



**Proctor Silex Griddle**  
1 ct

**\$19<sup>88</sup>**  
With Card



**Counter Top Kettle Popcorn Maker**  
1 ct

**\$49<sup>99</sup>**  
With Card



**Candle-lite Candle**  
Select Varieties, 18 oz Jar

**2\$7**  
for With Card



**Flameless Tea Lights**  
25 ct

**\$12<sup>99</sup>**  
With Card



**Charlie Brown Musical Christmas Tree**  
1 ct

**\$12<sup>99</sup>**  
With Card



**Jacquard Print Scarf**  
Select Varieties, 1 ct

**\$6<sup>99</sup>**



**Holiday Home Greeting Cards**  
Select Varieties, 15-24 ct Box (Excludes Hallmark)

Buy One, Get One of Equal or Lesser Value  
**FREE**  
Save Up to \$9.99 With Card



**Holiday Lights & Sounds Light Set**  
Select Varieties, 8 ct

**\$7<sup>99</sup>**  
With Card



**Hallmark Collectible Ornament**  
Select Varieties, 1 ct

**25% OFF**  
Regular Retail With Card



**Fabric Ribbon**  
Select Varieties, 40 Foot

**\$5<sup>00</sup>**  
With Card